



Safe at Home Domestic abuse training for housing providers

If you wish to receive further information on the training or specific training materials, please contact the SAH project officer [Ruth Kasper](#).

Title: Subtitle:	Safe at Home Domestic abuse training for housing providers	
Objective:	Provide housing professionals with an introductory understanding of domestic abuse as a social issue and equip them with the skills to identify risk factors; implement an action plan in conjunction with the family's needs; and make appropriate onward referral to support services.	
Aims of the training *As described in Grant Agreement	<ul style="list-style-type: none"> - Creating a safe learning environment and establishing clear ground rules for the training day - Knowledge of the dynamics of domestic abuse - Forming intrinsic motivation and commitment to the issue of domestic abuse* - Understanding of existing laws and enforcement options and specific laws relating to housing* - Collaboration with local and relevant external services* - Monitoring, reporting and follow-up* - Identifying signs of domestic abuse* - Adequately and confidently responding to (suspected) cases of domestic abuse* - Participants are encouraged and inspired to incorporate the information in their day-to-day practise, this maximises the effect of the training day 	
Learning Outcomes	<p>After the training participants will be able to:</p> <ul style="list-style-type: none"> - Define domestic violence and abuse - Understand the dynamics of an abusive relationship - Understand the impact of domestic abuse on children - Identify signs of domestic abuse in their everyday work - Take an active part in responding safely to domestic abuse - Record domestic abuse cases - Collaborate with external services for safe outcomes 	
Target Audience	This course is suitable for front line staff of housing providers who are likely to come in to contact with victims of domestic abuse during their day to day work, but who are not domestic abuse specialists.	
Practical information:	Duration:	8 hours (including lunch).
	Group size:	Average of 10 participants, maximum of 15 participants per group
Working method	Basic principles and recent evidence on domestic abuse is processed into an appealing presentation and interactive working methods that are related to the day-to-day work of the target audience. The training will be facilitated by an experienced domestic abuse trainer, with knowledge on specific housing provider issues concerning this topic. Participants receive a personalized certificate of participation.	



Prerequisites	Participating housing providers are responsible for the logistics of the training sessions, this includes: <ul style="list-style-type: none">- Completion of the baseline survey before the first training day- Selecting participants and training dates (in consultation with trainer)- Inviting participants and timely sharing the register of participants with the trainer- Ensuring all participants receive a programme- Ensuring that all participants complete an evaluation form at the end of the training day- Ensuring completion of the survey, approximately 3 months after the last training.
Financing	This training is part of the Safe at Home project, funded by the <i>Rights, Equality and Citizenship (REC)</i> Programme of the European Union



Materials	
Pre-training	<p>Concept training programme (to be finalized by housing provider) All participants receive a programme: <u>Annex 01. Format Training Programme</u></p> <p>Housing provider provides trainer with list of participants</p>
Training	<p>To be provided by housing provider:</p> <ul style="list-style-type: none"> - Suitable room - Flip-chart stand and paper - Projector, - Sound system - Laptop (optional) - Coffee/tea - Catering (optional) <p>To be provided by the trainer:</p> <ul style="list-style-type: none"> - Powerpoint (USB) <ul style="list-style-type: none"> o <u>Movie Music Clips: Annex 04a. Babyface - How Come, How Long / Annex 04b. Eminem ft. Rihanna - Love The Way You Lie / Annex 04c. Rapman-Promise - Comic Relief / Annex 04d. Murdered by my Boyfriend</u> o <u>Monkey Business Illusion: Annex 06. The Monkey Business Illusion</u> - Name tags - Whiteboard markers / flipchart pens - Tape / Blu-Tac - Sticky notes - Pens - Ball - Postcards for the group-making exercise (optional) - Empty postcards and envelopes for exercise postcard message - EU signature list <u>Annex 02. Signature List</u> - Sufficient copies of working sheets for exercises: <ul style="list-style-type: none"> o <u>Annex 03a. Facts and Figures Quiz EU/UK/NL</u> o <u>Annex 03b. Facts and Figures Quiz EU/UK/NL- answers</u> o <u>Annex 05. Power and Control Exercise</u> o <u>Annex 07a. Exercise Identifying SignsA3 or Annex 07a. Exercise Identifying SignsA4</u> o <u>Annex 08. Evaluation Form</u> o Personalized certificates <u>Annex 09. Certificate</u> o <u>Annex 10. Booklet for participants</u> o Country specific exercise sheets on partnership response to domestic abuse (optional)
Post-training	<p>The housing provider completes a survey, provided by the project in due time, to monitor the effects of the training course.</p>



Section 1: Welcome and introduction		
Time	Slide(s)	Content
09.30-10.15	3	Trainer introduction
	4	Ground rules, all participants sign projects participants list <i>Annex 02. Signature List</i>
	5-6	Information on the safe at home project
	7	Learning outcomes
	8	Exercise 1: Introduction exercise
Aim:		Safe learning environment and clear ground rules as a cornerstone for the training day.

Section 2: Defining domestic abuse		
Time	Slide(s)	Content
10:15-10:45	10	Exercise 2: Defining Domestic Abuse exercise
	11-12	Theory: <ul style="list-style-type: none"> - Definition (UK Cross-Government definition of domestic violence and abuse) - Individuals experiencing abuse - Facts & figures: Exercise 3: Facts and Figures Quiz 03a. Facts and Figures Quiz EU/UK/NL / Annex 03b. Facts and Figures Quiz EU/UK/NL- answers
Outcomes:		- Define domestic violence and abuse

10:45-11:00 Coffee break

Section 3: Understanding the dynamics of an abusive relationship		
Time	Slide(s)	Content
11:00-12:30	14-17	- Power and control wheel - Equality wheel - Institutional power and control
	18-20	Children and domestic abuse
	21-22	Staying in or leaving an abusive relationship
Outcomes:		- Define domestic violence and abuse - Understand the dynamics of an abusive relationship - Understand the impact of domestic abuse on children

12:30-13:15 Lunch break



Section 4: Identifying signs of domestic abuse		
Time	Slide(s)	Content
13:15-14:45	24-27	- Practical application of Power and Control Wheel to identify signs of domestic abuse: Exercise 4: Video clip, what do you see? <u>04a. Babyface - How Come, How Long / Annex 04b. Eminem ft. Rihanna - Love The Way You Lie / Annex 04c. Rapman - Promise - Comic Relief / Annex 04d. Murdered by my Boyfriend</u> and Exercise 5: Power and Control Wheel <u>Annex 05. Power and Control Exercise</u>
	28	Exercise 7: Identify signs of Domestic Abuse <u>Annex 07a. Exercise Identifying SignsA3 or Annex 07a. Exercise Identifying SignsA4</u>
	29	Recording concerns around domestic abuse
	30	Exercise 8: Discussion
Outcomes		- Define domestic violence and abuse - Identify signs of domestic abuse in your everyday work - Take an active part in responding safely to domestic abuse

14:45-15:00 Coffee break

Section 5: Responding to (suspected) cases of domestic abuse		
Time	Slide(s)	Content
15:00-16:00	32	Discussing signs, steps to take and communication tips
	33-35	Risk assessment, actions to undertake depending on risk thresholds and MARAC <u>Annex 11a. The Marac meeting - Roles and information sharing and Annex 11b. The Marac meeting - Action planning</u>
	36	Monitoring and reviewing cases of domestic abuse
	37	Partnership referral and support
Outcomes:		- Identify signs of domestic abuse in your everyday work - Take an active part in responding safely to domestic abuse

Section 6: Completion and closure		
Time	Slide(s)	Content
16:30-17:00	38	Rounding off and questions
	39	Evaluation forms <u>Annex 08. Evaluation Form</u> Personalized certificates <u>Annex 09. Certificate</u> and background information: <u>Annex 10. Booklet for participants</u>
Aim:		Participants are encouraged and inspired to incorporate the information in their day-to-day practice, this maximises the effect of the training day